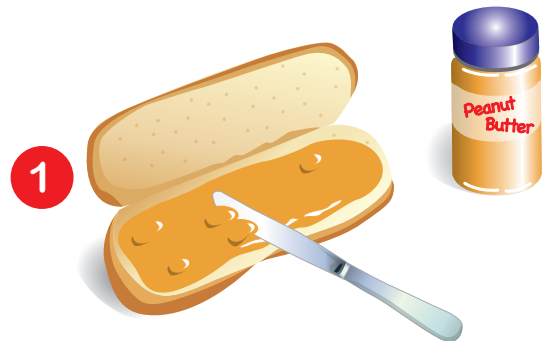


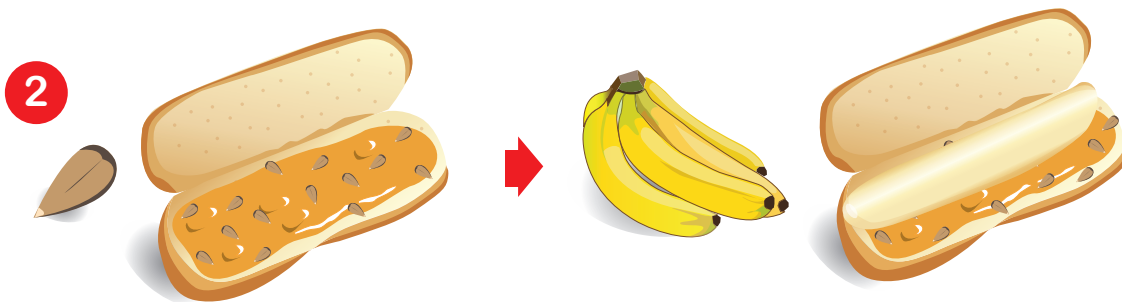
# Cooking with Kids!

## July 4th Banana Dog

Parental supervision is required



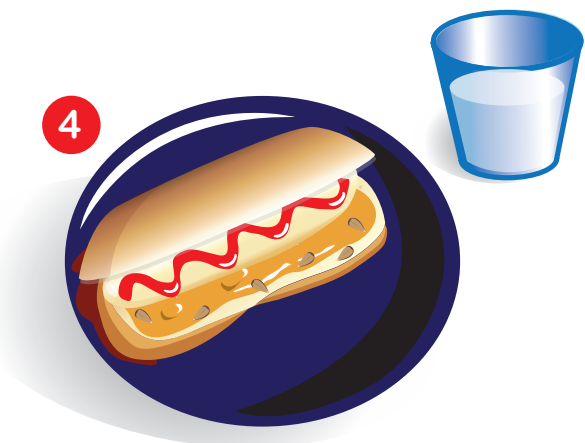
Simply spread a whole-grain hot dog bun with peanut butter.



Sprinkle with sunflower seeds, and top with a whole, peeled banana.



Squiggle the hot dog with jam.



Add a side of milk to round out the meal.

**DONE!**

