

# Billy's "Fit for a King" Peanut Butter Sandwiches

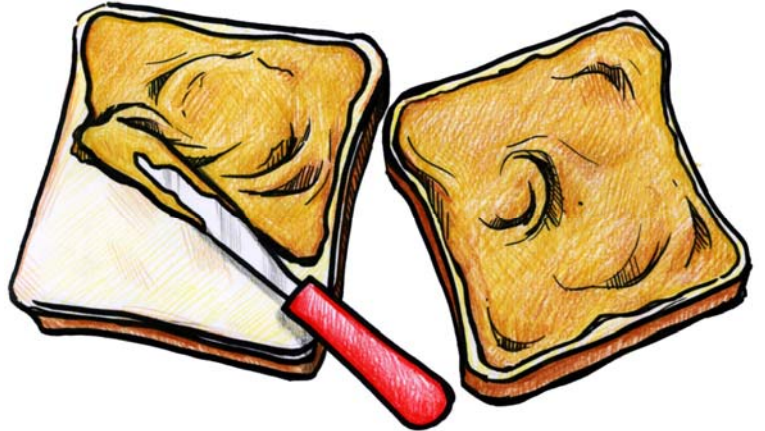
(Adult help is required for step #3!)

## Ingredients:

- 2 slices whole wheat bread
- 3-4 tbs creamy peanut butter
- 1 banana, sliced or mashed
- Butter

1

Spread peanut butter evenly onto both pieces of bread.



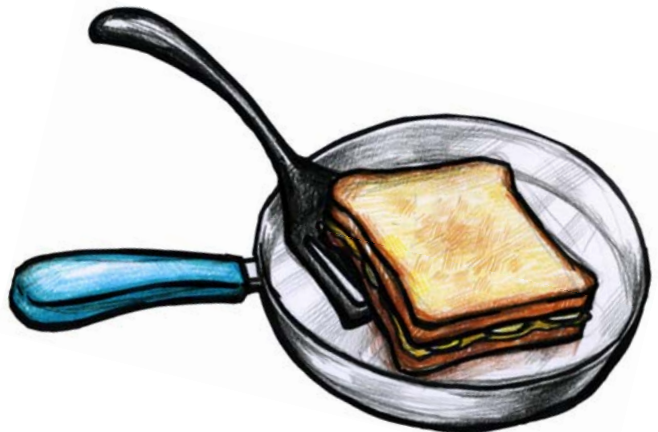
2

Nestle banana slices in one of the peanut butter covered bread. Place the second piece of bread on top.



3

Heat a very small amount of butter in a skillet. Place sandwich into skillet. Remove once sides are lightly toasted, about 2 min per side.



Cut into triangles, and enjoy!

4

